

## **PREPARING FOR CHRISTMAS**

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The dates of holidays and family reunions are imminent. The date where we celebrate the birth of Jesús of Nazareth is approaching. But in the middle of so much noise, rush, and so many commitments, we lose the meaning of Christmas. Therefore, in many Liturgical Christian churches now begins the time of Advent. Advent as the coming of Jesus. Jesus comes in several ways; He comes as the expression of God incarnated (Jn1:1), He comes to be born in the heart of all those who accept and receive Him. And even more, Jesus promised to return, to come, but on that occasion, He will come as the Lord of Lords, full of glory and power. Jesus is now the Christ, and He is, in the words of Teilhard de Chardin, the Cosmic Christ, He is the Alpha and the Omega, the beginning and the end, where everything comes from and where everything is going to. The central word of the time of Advent is "Wait". Wait for the manifestation of the Christ and the new life that He brings. We are in a time of "patiently waiting". It is so difficult to be silent, and mindfulness, to put a pause to all those preparations, how complicated it is to take a moment to breathe and meditate what this time means. This is also a time for "Hope." Do not be afraid, because He is coming and He will come. Just open your eyes and heart, and try to live life a bit slower, living the moment, enjoying the present and whenever you can be silent. Hope does not fail, because His love has been poured in our hearts and in the hearts of all who love.

**Wait because Jesus is coming now!**

